

**2 -Packs**

**#22**

**Meal 1**

Swedish Meatball  
Pasta in Sauce  
Broccoli & Black  
Bean Blend  
Wheat Bread &  
Margarine  
Skim Milk

**Meal 2**

Tomato Herb Chicken  
w/ Rice & Cacciatore  
Sauce  
Brussels Sprout  
Yellow Squash  
Wheat Bread &  
Margarine  
Skim Milk

**#23**

**Meal 1**

Sliced White Turkey  
Stuffing & Gravy  
Green Beans  
Corn  
Wheat Bread &  
Margarine  
Skim Milk

**Meal 2**

Meatloaf w/ Tangy  
Tomato Sauce  
Mash Potatoes  
Corn  
Brussel Sprouts  
Wheat Bread &  
Margarine  
Skim Milk

**#24**

**Meal 1**

Sweet & Sour Chicken  
Rice w/ Vegetables &  
Pineapple w/ Sweet &  
Sour Sauce  
Sugar Snap Peas  
Carrots  
Wheat Bread &  
Margarine  
Skim Milk

**Meal 2**

Salisbury Steak w/Red  
Skin Potatoes & Gravy  
Peas & Carrots  
Cauliflower  
Wheat Bread &  
Margarine  
Skim Milk

**#25**

**Meal 1**

Spaghetti & Meatballs  
w/ Marinara Sauce  
Broccoli  
Black Bean Blend  
Wheat Bread &  
Margarine  
Skim Milk

**Meal 2**

Chicken w/ Mushroom  
Sauce  
Rice  
Broccoli  
Carrots  
Skim Milk  
Wheat Bread &  
Margarine

Note: 2-Packs include entrees, wheat bread with margarine cups, skim milk, orange or apple juice, and assorted snacks.