

#51				
Meal 1 Country Herb Chicken Cheesy Mashed Potatoes Green Beans, Carrots, Skim Milk, Bread, Margarine	Meal 2 Turkey, Dressing & Gravy, Green Beans, Corn, Skim Milk, Bread, Margarine	Meal 3 Vegetable Stew, Italian Green Beans, Squash, Skim Milk, Bread, Margarine	Meal 4 Homestyle Lasagna, Italian Green Beans, Chickpeas & Spinach Skim Milk, Bread, Margarine	Meal 5 Mesquite Chicken BQ Sauce Rice, Black Beans, Carrots Green Beans Skim Milk, Bread, Margarine
#52				
Meal 1 Chicken Cacciatore, Rice, Yellow Squash, Brussels Sprouts, Skim Milk, Bread, Margarine	Meal 2 Beef Patty & Gravy Mashed Potatoes, Black Bean, Peas & Carrots Skim Milk, Bread, Margarine	Meal 3 Beef Stew w/ Potatoes, Carrots, Celery, & Onion, Peas, Garbanzo & Spinach Blend Skim Milk, Bread, Margarine	Meal 4 Chicken Breast w/ Mushroom Sauce, Rice, Broccoli, Carrots, Skim Milk, Bread, Margarine	Meal 5 Chicken Ala King, Cheesy Cauliflower Bowtie Pasta, Spinach & chickpeas Skim Milk, Bread, Margarine
#53 – Has Fish				
Meal 1 Meatballs w/ Mushrooms Gravy, Roasted Potatoes, Mixed Vegetables, Zucchini, Skim Milk, Bread, Margarine	Meal 2 Vegetable Stew, Italian Green Beans, Squash, Skim Milk, Bread, Margarine	Meal 3 Lemon Pepper Fish, Green Beans Yellow Squash, Cauliflower, Skim Milk, Bread, Margarine	Meal 4 Santa Fe Chicken, Penne Pasta, Lima Beans, Carrots, Skim Milk, Bread, Margarine	Meal 5 Cheese Tortellini w/ Sauce, Brussels Sprouts, Carrots, Skim Milk, Bread, Margarine

#54 – Has Fish				
Meal 1 Spaghetti & Meatballs, Broccoli, Black Bean Blend, Skim Milk, Bread, Margarine	Meal 2 Meatloaf w/ Tangy Tomato Sauce Mashed Potatoes, Corn, Brussels Sprouts, Skim Milk, Bread, Margarine	Meal 3 Breaded Baked Fish, Pasta Blend Brussels Sprouts, Yellow Squash, Skim Milk, Bread, Margarine	Meal 4 Chicken Teriyaki, Fried Rice w/ Teriyaki Sauce, Sugar Snap Peas, Yellow Squash Skim Milk, Bread, Margarine	Meal 5 Fettuccini Alfredo, Broccoli & Carrots, Zucchini & Red Peppers, Brussels Sprouts, Skim Milk, Bread, Margarine
#55				
Meal 1 Brunswick Stew, Vegetables Green Beans Carrots, Skim Milk, Bread, Margarine	Meal 2 Beef Patty, Mashed Potatoes & Gravy, Peas & Carrots, Black Bean Blend, Skim Milk, Bread, Margarine	Meal 3 Fiesta Chicken, Corn & Black Bean Blend, Yellow Squash, Skim Milk, Bread, Margarine	Meal 4 Chicken Ala King, Cheesy Cauliflower Bowtie Pasta Spinach & Chickpeas Skim Milk, Bread, Margarine	Meal 5 Turkey Tetrazzini, Cannellini Beans & Peas w/ Bowtie Pasta Spinach Yellow Squash, Chickpeas Skim Milk, Bread, Margarine

Note: 5-Packs include entrees, wheat bread with margarine cups, skim milk, orange or apple juice, and assorted snacks.