

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 Meatloaf 3oz Mashed Potatoes Chef's Veggie Blend 4oz Sliced Zucchini 4oz WG Croissant Fruit Cup Dessert of the Day	3 Beef Chili, 6oz Unsalted Saltines, 2 packages Brown Rice Mixed Vegetable 4oz Green Beans 4oz Fruit cup	4 Orange Chicken Thigh 3oz/sauce 3oz Brown rice Brussels Sprouts 4oz Carrots 4oz Sliced Wheat Bread, 1 slice Fruit Cup	5 BBQ Beef Broccoli & Cauliflower, 4oz Sliced Yellow Squash, 4oz Fruit Cup Seasonal, 1 each Sliced Wheat Bread, 1 slice Dessert of the Day
8 Eggplant Parmesan, 2 pieces Herb Pasta, 4oz Broccoli, 1/2cup Herb Cauliflower, 4oz Sliced Wheat Bread, 1 slice Fruit Cup	9 Chicken Thigh w/Mushroom Sauce, 3oz thigh, 3oz sauce Parsley Buttered Potatoes, ½ cup Sliced Zucchini, 4oz Corn & Tomatoes, ½ cup Whole Grain Croissant, 1 each Fresh Fruit, 1 each	10 Chicken Paprikash/gravy, 1 chix breast, 2oz gravy Buttered Noodles 4oz Carrots, 4oz Broccoli, ½ cup Sliced Wheat Bread, 1 slice Fresh Fruit, 1 each	11 Beef Pepper Steak, 1 cup Buttered Noodles, 4oz serving Chef's Veggie Blend, 4oz Buttered Corn, 4oz Sliced Wheat Bread, 1 slice Fresh Fruit, 1 each Dessert of the Day	12 Chicken Rice Casserole, ¾ cup Green Beans, 4oz Herb Cauliflower, 4oz Fresh Fruit, 1 each Sliced Wheat Bread, 1 slice Dessert of the Day
15 CLOSED	16 Baked Ham, 3oz slice Baked Beans, 8oz Braised Cabbage, 4oz Mixed Vegetable, 4oz Whole Grain Croissant, 1 each Fresh Fruit, 1 each	17 Chicken Picante, 6oz Bread Stick, 1 each Brown Rice, 8oz Chef's Veggie Blend, 4oz Green Beans, 4oz Fresh Fruit, 1 each	18 Beef & Broccoli Teriyaki, 8oz Brown Rice, 8oz Green Peas, 4oz Sliced Yellow Squash, 4oz Sliced Wheat Bread, 1 slice Fresh Fruit, 1 each	19 Meatloaf, 3oz slice Mashed Potatoes, 8oz Carrots, 4oz Green Beans, 4oz Fresh Fruit, 1 each Sliced Wheat Bread, 2 slices Dessert of the Day
22 Pasta Primavera, 6oz Fiesta Black Beans, 4oz Broccoli, ½ cu Green Beans, 4oz Sliced Wheat Bread, 1 slice Fruit Cup Seasonal, 1 each	23 Chicken Paprikash, 6oz Buttered Noodles, 4oz Herb Cauliflower, 4oz Sliced Zucchini, 4oz Sliced Wheat Bread, 1 slice Fruit Cup Seasonal, 1 each	24 Polish Sausage, 1 each Baked Beans, 8oz Carrots, 4oz Hot Dog Bun, 1 each Brussels Sprouts, 4oz Fruit Cup Seasonal, 1 each	25 Chicken Pasta Alfredo, 1 cup Bread Stick, 1 each Carrots, 4oz Sliced Zucchini, 4oz Fruit Cup Seasonal, 1 each	26 Chicken Tenders, 2 tenders Tatar Tots, 10 pieces Chef's Veggie Blend, 4oz Green Beans, 4oz Whole Grain Croissant, 1 each Fruit Cup Seasonal, 1 each Dessert of the Day
29 Vegetarian Taco Casserole, 6oz Tortilla Flour 6 inch, 2 each Spanish Rice Mixed Vegetable 4oz Brussels Sprouts, 4oz Fresh Fruit	30 Chicken Piccata, 3oz thigh, 3oz sauce Herb Pasta, 4oz Chef's Veggie Blend, 4oz Carrots, 4oz Fresh Fruit, 1 each	31 Beef & Broccoli Teriyaki Brown Rice, 8oz Peas & Carrots, 4oz Broccoli, ½ cup Sliced Wheat Bread, 1 slice Fresh Fruit, 1 each Dessert of the Day		

Menus Reviewed By: Ariana Cucuzza RDN LD
 Food Produced by The Greater Cleveland Food Bank

8oz of 1% Milk served with all meals