


Monday	Tuesday	Wednesday	Thursday	Friday
<p>Food produced by the Greater Cleveland Food Bank</p> <p>All meals served with 8 oz 1% milk</p>	<p>Menu reviewed by Ariana Cucuzza RDN LD</p>		<p><b>Swiss Steak &amp; Gravy</b> - 3 oz Mashed Potatoes - 1/2 cup Seasoned Spinach - 4oz Wheat Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p><b>Veggie Taco Casserole</b>-6 oz 6" Flour Tortilla - 2 ea Spanish Rice - 4 oz Mixed Vegetables - 4 oz Fruit Cup - 1/2 cup</p>
<p><b>Beef Stroganoff</b> - 6 oz Buttered Noodles - 4 oz Harvard Beets - 4 oz Green Beans - 4 oz Wheat Bread - 1 slice Fresh Fruit - 1 ea Dessert of the Day - 2.5" piece</p>	<p><b>Hamburger w/ Bun</b> - 3 oz Potato Wedges - 3 oz Broccoli - 1/2 cup Mixed Vegetables - 1/2 cup Fresh Fruit - 1 ea Ketchup, Mustard &amp; Mayo packets - 1 ea</p>	<p><b>Boneless Pork Loin</b> - 3 oz Glazed Sweet Potatoes - 4 oz Broccoli - 1/2 cup Herbed Cauliflower - 4 oz Blueberry Muffin - 2 oz Fresh Fruit - 1 ea</p>	<p><b>Beef Stuffed Cabbage</b> - 2 ea Mashed Potatoes - 1/2 cup Carrots - 4 oz Green Beans - 4 oz Wheat Bread - 1 slice</p>	<p><b>Vegetable Lasagna</b> - 6 oz California Blend Veggies - 4 oz Breadstick - 1 ea Fresh Fruit - 1 ea</p>
<p><b>Meatballs Marinara</b> - 3 oz ea Herb Pasta - 4 oz Broccoli - 1/2 cup Herb Cauliflower - 4 oz Wheat Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p><b>BBQ Chicken Breast</b> - 3 oz Butternut Squash - 1/2 cup Brussels Sprouts - 4 oz WG Buttermilk Biscuit - 1 ea Fruit Cup - 1/2 cup Dessert of the Day - 2.5" piece</p>	<p><b>Beef Hot Dog w/ Bun</b>- 1 ea Green Beans - 4 oz Brussels Sprouts - 4 oz Tater Tots - 10 pieces Fruit Cup - 1/2 cup Ketchup, Mustard, Relish packets - 1 ea</p>	<p><b>Beef Chili</b> - 6 oz Mixed Vegetables - 4 oz Broccoli - 1/2 cup Corn Muffin - 2 oz Fruit Cup - 1/2 cup</p>	<p><b>Cheese Stuffed Shells</b> - 2 ea w/ 3 oz sauce Seasoned Spinach - 4 oz California Blend Veggies - 4 oz Breadstick - 1 ea Fruit Cup - 1/2 cup</p>
<p><b>Meatloaf</b> - 4 oz slice Baked Beans - 4 oz Carrots - 4 oz Mixed Vegetables - 4 oz WG Buttermilk Biscuit - 1 ea Fresh Fruit - 1 ea</p>	<p><b>Turkey &amp; Gravy</b> - 4 oz slice Broccoli &amp; Cauliflower - 4 oz Carrots - 4 oz Mashed Potatoes - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p><b>Pepper Steak</b> - 1 cup Mashed Potatoes - 1/2 cup Green Beans - 4 oz Mixed Vegetables - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p><b>Swedish Meatballs</b> - 3 ea Buttered Noodles - 4 oz Green Peas - 4 oz Carrots - 4 oz Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p><b>Cheese Ravioli</b> - 4 oz Broccoli - 1/2 cup Mixed Vegetables - 4 oz Breadstick - 2 ea Fresh Fruit - 1 ea</p>
<p><b>Sloppy Joe w/ Bun</b> - 4 oz Green Peas - 4 oz Harvard Beets - 4 oz Fruit Cup - 1/2 cup</p>	<p><b>Salisbury Steak w/Gravy</b>-3 oz Mashed Potatoes - 1/2 cup Mixed Vegetables - 4 oz Carrots - 4 oz Wheat Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p><b>Baked Ham</b> - 3 oz slice Mashed Potatoes - 1/2 cup Mixed Vegetables - 4 oz Broccoli - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p><b>BBQ Rib Patty</b> - 3 oz Glazed Sweet Potatoes - 4 oz Brussels Sprouts - 4 oz California Blend Veggies - 4 oz Hamburger Bun - 1 ea Fruit Cup - 1/2 cup</p>	<p>Closed</p>