

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>Happy Spring!</i></p>	 <p><i>Jill Riffle MS, RDN, LD</i></p>		<p>1</p> <p>Sausage Links - 3 oz w/ Peppers & Onion Oven Potatoes - 1/2 cup Green Beans - 1/2 cup Hot Dog Bun - 2 oz Tropical Fruit Cup - 1/2 cup Milk - 8 oz</p>	<p>2</p> <p>Ham Salad - 3 oz Pasta Salad - 1/2 cup Cucumber Salad - 1/2 cup Fruit Cup - 1/2 cup Bun 2 oz Milk - 8 oz</p>
<p>5</p> <p>Hamburger - 3 oz German Potato Salad-1/2 cup Baked Beans - 1/2 cup Mixed fruit - 1/2 cup Bun 2 oz Milk - 8 oz</p>	<p>6</p> <p>Chicken Breast - 3 oz Diced Potato - 1/2 cup Veg. Medley - 1/2 cup Mixed Melon - 1/2 cup Wheat Bread - 1 slice Milk - 8 oz</p>	<p>7</p> <p>Pork Chop- 3 oz Scalloped Potatoes- 1/2 cup Corn - 1/2 cup Corn Bread-2 oz Grapes- 1/2 cup Milk- 8 oz</p>	<p>8</p> <p>Roast Beef - 3 oz Noodles- 1/2 cup Vegetable Medley- 1/2 cup Wheat Bread- 1 slice Mandarin orange - 1/2 cup Milk- 8 oz</p>	<p>9</p> <p>Veggie Lasagna- 3x3 piece Spinach - 1/2 cup Salad w/ Dressing - 1/2 cup Sliced Apples - 1/2 cup Breadstick - 2 oz Milk - 8 oz</p> 
<p>12</p> <p>Meatball Sub w/ 3 oz meat Red Skin Potatoes- 1/2 cup Three Bean Salad- 1/2 cup Hot Dog Bun - 2 oz Diced Pears - 1/2 cup Milk- 8 oz</p>	<p>13</p> <p>Chicken Breast- 3 oz Beets- 1/2 cup Peas - 1/2 cup Wheat Bread- 1 slice Diced Peaches- 1/2 cup Milk- 8 oz</p>	<p>14</p> <p>Sloppy Joe - 3 oz Diced Potatoes - 1/2 cup Cottage Cheese - 1/2 cup Apple Sauce - 1/2 cup Bun - 2 oz Milk - 8 oz</p>	<p>15</p> <p>Stuffed Cabbage - 3 oz beef Mashed Potatoes - 1/2 cup Carrots - 1/2 cup Bread - 1 slice Shamrock Fluff - 1/2 cup Milk - 8 oz</p>	<p>16</p> <p>Egg Salad - 3 oz Potato Salad - 1/2 cup Coleslaw - 1/2 cup Fruit Cup - 1/2 cup Bun 2 oz Milk - 8 oz</p>
<p>19</p> <p>Sausage Gravy - 1 Cup Diced Potatoes - 1/2 cup Mixed Veg. - 1/2 cup Biscuit - 1 ea Fruit Cup - 1/2 cup Milk - 8 oz</p>	<p>20</p> <p>Salisbury Steak - 3 oz Mashed Potatoes- 1/2 cup Peas - 1/2 cup Breadstick-2 oz Applesauce- 1/2 cup Milk- 8 oz</p>	<p>21</p> <p>Riblets w/Gravy - 3 oz Mashed Potato - 1/2 cup Beets - 1/2 cup Roll 2 oz Jell-o Cup /w Fruit - 1/2 cup Milk - 8 oz</p>	<p>22</p> <p>Sweet & Sour Chicken-3 oz Rice- 1/2 cup Lima Beans - 1/2 cup Wheat Bread- 1 slice Fresh Fruit- 1 ea Milk- 8 oz</p>	<p>23</p> <p>Macaroni & Cheese- 1 cup Stewed Tomatoes - 1/2 cup Mixed Vegetables - 1/2 cup Blueberry Muffin - 1 ea Fruit Cup - 1/2 cup Milk - 8 oz</p>
<p>26</p> <p>Stuffed Pepper- 3 oz beef Mashed potato - 1/2 cup Carrots- 1/2 cup Wheat Bread- 1 slice Pineapple Tidbits- 1/2 cup Milk- 8 oz</p>	<p>27</p> <p>Beef Stew- 1 cup Vegetables- 1/2 cup Cole Slaw- 1/2 cup Biscuits- 1 - 2- 1/2" ea Sliced Apples - 1/2 cup Milk- 8 oz</p>	<p>28</p> <p>Meatloaf - 3 oz Au Gratin Potatoes- 1/2 cup Succotash- 1/2 cup Dinner Roll - 2 oz Mandarin Oranges- 1/2 cup Milk- 8 oz</p>	<p>29</p> <p>Meat Lasagna - 3x3 piece Salad - 1/2 cup Brussel Sprouts - 1/2 cup Garlic Breadstick - 1 ea Sliced Apples - 1/2 cup Milk - 8 oz</p>	<p>30</p> <p>Closed</p>