



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Food produced by the Greater Cleveland Food Bank</p> <p>All meals served with 8 oz 1% milk</p>		<p>Menu reviewed by Allie McTighe, MS, RD, LD</p>		<p>1</p> <p>Chicken Piccata - 3 oz w/ 2 oz sauce Scalloped Potatoes - 4 oz Harvard Beets - 1/2 cup Wheat Bread - 2 slices Fruit Cup - 1/2 cup</p>
<p>4</p> <p>Swedish Meatballs - 3 ea Buttered Noodles - 4 oz Green Beans - 4 oz Herb Cauliflower - 4 oz Wheat Bread - 2 slices Fruit Cup - 1/2 cup</p>	<p>5</p> <p>Salisbury Steak w/ Gravy-3 oz Mashed Potatoes - 1/2 cup Lima Beans - 4 oz Blueberry Muffin - 2 oz Fruit Cup - 1/2 cup</p>	<p>6</p> <p>Cheese Stuffed Shells - 2 ea w/ 3 oz sauce Broccoli - 4 oz Baby Carrots - 4 oz Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p>7</p> <p>Turkey & Gravy - 4 oz slice Brown Rice - 1/2 cup Harvard Beets - 4 oz Brussels Sprouts - 4 oz Buttermilk Biscuit - 1 ea Fresh Fruit - 1 ea</p>	<p>8</p> <p>Meatloaf - 4 oz slice Mashed Potatoes - 1/2 cup Mixed Vegetables - 4 oz Wheat Bread - 2 slices Fresh Fruit - 1 ea</p>
<p>11</p> <p>Chicken Patty - 3 oz Corn O'Brien - 1/2 cup Seasoned Spinach - 1/2 cup Wheat Bread - 2 slices Fresh Fruit - 1 ea</p>	<p>12</p> <p>Sweet & Sour Chicken-3/4 cup Brown Rice - 1/2 cup Broccoli - 1/2 cup Mixed Vegetable - 4 oz Wheat Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p>13</p> <p>Hamburger w/ Bun - 3 oz Potato Wedges - 3 oz Carrots - 1/2 cup Seasoned Spinach - 1/2 cup Fruit Cup - 1/2 cup Ketchup, Mustard & Mayo packets - 1 ea</p>	<p>14</p> <p>Chicken Cacciatore - 3 oz w/ 2 oz sauce Herb Pasta - 4 oz Green Peas - 4 oz Buttered Corn - 4 oz Wheat Bread - 2 slices Fruit Cup -1/2 cup</p>	<p>15</p> <p>Closed</p> 
<p>18</p> <p>Beef Stuffed Cabbage - 2 ea Mashed Potatoes - 1/2 cup California Blend Veggies - 1 oz Hamburger Bun - 1 ea Fruit Cup - 1/2 cup</p>	<p>19</p> <p>Pork Chop - 4 oz Sweet Potatoes - 4 oz Green Beans - 4 oz Breadstick - 2 ea Fresh Fruit - 1 ea</p>	<p>20</p> <p>Meatballs Marinara - 3 oz ea Herb Pasta - 4 oz Carrots - 1/2 cup Green Peas - 4 oz Wheat Bread - 2 slices Fresh Fruit - 1 ea</p>	<p>21</p> <p>Hamburger - 3 oz Potato Wedges - 3 oz Mixed Vegetables - 1/2 cup Wheat Bread - 2 slices Fruit Cup - 1/2 cup Ketchup, Mustard & Mayo packets - 1 ea</p>	<p>22</p> <p>Vegetable Lasagna - 6 oz California Blend Veggies - 4 oz Green Beans - 4 oz Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>
<p>25</p> <p>Polish Sausage - 1 ea Potato Wedges - 4 oz Broccoli - 1/2 cup Hot Dog Bun - 1 ea Buttermilk Biscuit - 1 ea Fresh Fruit - 1 ea</p>	<p>26</p> <p>Beef Hot Dog w/ Bun- 1 ea Potato Wedges- 4 oz Baked Beans - 4 oz Fruit Cup - 1/2 cup WG Buttermilk Biscuit - 2 oz Ketchup, Mustard, Relish packets - 1 ea</p>	<p>27</p> <p>Beef Stuffed Pepper - 7 oz Mashed Potatoes - 1/2 cup Buttered Corn - 4 oz Garlic Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p>28</p> <p>Chicken Pasta Alfredo - 1 cup Carrots - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p>29</p> <p>Beef Lasagna - 6 oz piece Mixed Vegetables - 4 oz Buttered Corn - 4 oz Wheat Bread - 2 slices Fruit Cup - 1/2 cup</p>