




Monday	Tuesday	Wednesday	Thursday	Friday
<p>Food produced by Meals in Motion in Ravenna</p>			 <p>Menu Approved By: Jill Riffle MS, RDN, LD</p>	<p>1</p> <p>Chicken Patty - 3 oz Parsley Potatoes - 1/2 cup Italian Vegetables - 1/2 cup Wheat Bun - 2 oz Jello Fluff - 1/2 cup Milk - 8 oz</p>
<p>4</p> <p>Meatloaf w/ Gravy - 3 oz Mashed Potatoes - 1/2 cup Carrots - 1/2 cup Wheat Bread - 1 slices Pineapple Tidbits - 1/2 cup Milk - 8 oz</p>	<p>5</p> <p>Meat Lasagna - 3x3" piece Salad w/ Dressing - 1 cup Green Beans - 1/2 cup Breadstick - 1 ea Jello Fluff - 1/2 cup Milk - 8 oz</p>	<p>6</p> <p>Salisbury Steak - 3 oz Scalloped Potatoes - 1/2 cup Wax Beans 1/2 cup Wheat Bread - 1 slice Peach Cobbler w/ 1/2 cup fruit Milk - 8 oz</p>	<p>7</p> <p>Creamed Chicken - 1 Cup w/ 1 Biscuit - 2.5" ea Peas - 1/2 cup Carrots - 1/2 cup Tropical Fruit Mix - 1/2 cup Milk - 8 oz</p>	<p>8</p> <p>Ham Salad - 3 oz Potato Salad - 1/2 cup Cole Slaw - 1/2 cup Wheat Bun - 2 oz Fruit Cup - 1/2 cup Milk - 8 oz</p>
<p>11</p> <p>Stuffed Cabbage - 3 oz beef Mashed Potatoes - 1/2 cup Mixed Vegetables - 1/2 cup Wheat Bread - 1 Slice Mixed Melon - 1/2 cup Milk - 8 oz</p>	<p>12</p> <p>Hamburger - 3 oz w/ American Cheese Diced Potato - 1/2 cup Baked Beans - 1/2 cup Wheat Bun - 2 oz Mandarin Orange - 1/2 cup Milk - 8 oz</p>	<p>13</p> <p>Sliced Roast Beef - 3 oz Diced Potatoes - 1/2 cup Peas - 1/2 cup Dinner Roll - 2 oz Plums - 1/2 cup Milk - 8 oz</p>	<p>14</p> <p>Pork Chop - 3 oz Au Gratin Potatoes - 1/2 cup Green Beans - 1/2 cup Corn Muffin - 2 oz Cinnamon Applesauce - 1/2 cup Milk - 8 oz</p>	<p>15</p> <p>Closed</p> 
<p>18</p> <p>Chicken Breast - 3 oz Mashed Potatoes - 1/2 cup Carrots - 1/2 cup Wheat Bread - 1 slice Mixed Fruit Cup - 1/2 cup Milk - 8 oz</p>	<p>19</p> <p>Sloppy Joe - 3 oz Diced Potatoes - 1/2 cup Baked Beans - 1/2 cup Wheat Bun - 2 oz Diced Pears - 1/2 cup Milk - 8 oz</p>	<p>20</p> <p>Pork Riblets w/gravy - 3 oz Rice - 1/2 cup Brussel Sprouts - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea Milk - 8 oz</p>	<p>21</p> <p>Omelet - 3 oz Diced Potatoes 1/2 cup Broccoli 1/2 cup Sliced Apples - 1/2 cup Milk - 8 oz</p>	<p>22</p> <p>Chicken Salad - 3 oz Pasta Salad - 1/2 cup Broccoli Salad 1/2 cup Wheat Bun - 2 oz Fruit Cup - 1/2 cup Milk - 8 oz</p>
<p>25</p> <p>Stuffed Pepper - 6 oz Mashed Potatoes - 1/2 cup Carrots - 1/2 cup Wheat Bread - 1 slice Pineapple Tidbits - 1/2 cup Milk - 8 oz</p>	<p>26</p> <p>Ham Slice - 3 oz Au Gratin Potatoes - 1/2 cup California Vegetables - 1/2 cup Blueberry Muffin - 2 oz Fruit Cocktail - 1/2 cup Milk - 8 oz</p>	<p>27</p> <p>Beef Stew - 8 oz Broccoli - 1/2 cup Creamy Cole Slaw - 1/2 cup Biscuit - 1 ea 2.5" Escalloped Apples - 1/2 cup Milk - 8 oz</p>	<p>28</p> <p>Chicken Breast - 3 oz Egg Noodles - 1/2 cup Succatash - 1/2 cup Wheat Bread - 1 slice Diced Peaches - 1/2 cup Milk - 8 oz</p>	<p>29</p> <p>Meatball Sub - 3 oz beef w/ Marinara Sauce Red Skin Potatoes - 1/2 cup Three Bean Salad - 1/2 cup Hot Dog Bun - 2 oz Diced Pears - 1/2 cup Milk - 8 oz</p>