



Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Beef Hot Dog</b> - 2.5 oz w/ Coney sauce, onions, & .5 oz cheddar Hot Dog Bun - 2 oz Homestyle Coleslaw - 1/2 cp Baked Beans - 1/2 cup Fresh Apple - 1 ea	3 <b>Blackened Chicken</b> - 3 oz Dirty Rice - 1 cup Steamed Broccoli - 1/2 cup w/ 0.5 oz cheddar Cauliflower - 1/2 cup Fruit Salad - 1/2 cup	4 <b>Closed</b> 	5 <b>Sliced Ham</b> - 3 oz Swiss Cheese - 1 oz Ciabatta Bread - 2 oz w/ Dijon mustard, pickle Potato Salad - 1/2 cup Fresh Red Grapes - 1/2 cup Fruit Juice - 1/2 cup	6 <b>Roasted Turkey Breast</b> - 3oz Mashed Potatoes - 1/2 cup w/ Gravy Brown Sugar Carrots - 1/2c Dinner Roll - 2 oz Fresh Banana - 1 ea Shortbread Cookie - 1 ea
9 <b>Shredded Chicken</b> - 3 oz w/ Cheddar & Sour cream Tortilla - 1 oz Homemade Salsa - 1/2 cup Tortilla Chips - 1 oz Southwest Corn - 1/2 cup Mango Chunks - 1/2 cup	10 <b>Bratwurst</b> - 3 oz Sauerkraut - 1/4 cup Pretzel Bun - 2 oz Mustard packet German Potato Salad - 1/2 c Fresh Apple - 1 ea	11 <b>Egg Salad</b> - 4 oz White Bread - 2 slices Fresh Cucumber - 1/2 cup Baked Potato Chops - 1 oz Watermelon Wedge - 1/2 cup	12 <b>Stuffed Meatballs</b> - 3 oz beef stuffed w/ .5 oz Mozzarella Spaghetti - 1/2 cup Garlic Bread - 1 oz Roasted Zucchini - 1/2 cup Roasted Yellow Squash-1/2c Fresh Banana - 1 ea	13 <b>BBQ Pulled Pork</b> - 3 oz Slider Bun - 2 ea, 1 oz Homestyle Coleslaw - 1/2 c Buttered Corn - 1/2 cup Cinnamon Applesauce-1/2 c
16 <b>Sliced Ham</b> - 3 oz Cheesy Potatoes - 1/2 cup Mixed Vegetables - 1/2 cup Sweet Roll - 1 oz Fresh Honeydew - 1/2 cup Sugar Cookie - 1 oz	17 <b>Stuffed Cabbage</b> - 3 oz White Rice - 1/2 cup Cauliflower - 1/2 cup Diced Carrots -1/2 cup Pita Wedge - 1 oz Fruit Salad - 1/2 cup	18 <b>Sliced Turkey Breast</b> - 2 oz Provolone Cheese - 1 oz Pita Bread - 1.5 oz Lettuce, tomato, mayo Salad w/ Ranch - 1 cup Vanilla Pudding & Wafers-1/2c Fresh Banana - 1 ea	19 <b>Pork Enchiladas</b> <b>Shredded Pork</b> - 2.5 oz wrapped in Tortilla - 2 oz w/Cheddar & Enchilada Sauce Roasted Corn - 1/2 cup Tomato Salad - 1/2 cup Baked Churro Bites Orange Wedges - 1/2 cup	20 <b>Chicken Stroganoff</b> - 3 oz Egg Noodles - 1/2 cup Steamed Broccoli 1/2 cup Butternut Squash - 1/2 cup Fresh Plum - 1/2 cup Carrot Cake - 2 oz
23 <b>Beef Patty</b> - 3 oz Swiss Cheese - 0.5 oz Caramelized Onions Marbled Rye Bread - 2/5 oz Pickle Chips, Ketchup Sweet Potato Wedges - 1/2 c Fresh Apple - 1 ea	24 <b>Honey Mustard Chicken</b> - 3oz Corn Muffin - 1 oz Rosemary Carrots - 1/2 cup Green Beans - 1/2 cup Pineapple Upside Down Cake	25 <b>Pork Chop</b> - 3 oz w/ Peach Pepper Chutney Rice Pilaf - 1/2 cup Garlic Breadstick - 1 oz Steamed Broccoli - 1/2 cup Cauliflower - 1/2 cup Applesauce - 1/2 cup	26 <b>Beef Tips &amp; Gravy</b> - 3 oz Mushrooms & Onions - 1/2 cup Mashed Potatoes - 1/2 cup WG Dinner Roll - 1 oz Cherry Poke Cake - 2 oz Apple Juice -1/2 cup	27 <b>Sundried Tomato Pesto Chicken</b> - 3 oz Parmesan Polenta - 2 oz Garlic Green Beans - 1/2 cup Diced Carrots - 1/2 cup Orange Wedges - 1/2 cup
30 <b>Lasagna Roll-Ups</b> - 2 ea 3 oz cheese, 3 oz pasta Garlic Bread - 1 oz Rosemary Green Beans-1/2c Diced Carrots - 1/2 cup Cantaloupe Chunks - 1/2 c	31 <b>Pulled Pork</b> - 2 oz Sliced Ham - .5 oz Swiss Cheese - .5 oz Cuban Bread - 2 oz Kettle Chips - 1 oz Elote Corn - 1/2 cup Fresh Banana - 1 ea		Meals produced by Innovation Food Service in Twinsburg  Menu Subject to change.  All meals served with 8 oz 1% or 2% milk	  Matt Newman RD, LD Menu reviewed by Matt Newman RD, LD