



Meal and Nutrition Services for All

Home Delivered and Congregate Dining Centers

Our satisfying hot meals are prepared fresh locally and delivered to your door or served in our friendly dining centers.

- Dietician-created monthly menus meet one third of your daily nutrition requirements
- Delivered hot to your door every day, Monday through Friday 10:00 am to 3:00 pm
- Meals include an entrée, a starch, and two vegetable sides plus milk, bread, and fruit
- Includes occasional desserts
- Meals are delivered in recyclable plastic or aluminum trays
- Diabetic friendly and no salt added
- Hot Kosher meals are also available (Summit County only)
- Sample Menus

Chicken Dinner

Seasoned Chicken Breast-3 oz
Rice Pilaf – 1/2 cup
Garlic Spinach – 1/2 cup
Oriental Vegetables – 1/2 cup
Fig Bar – 1 oz

Cheeseburger

Beef Burger Patty – 2.5 oz
American Cheese – .5 oz
Split Top Bun – 2 oz
Lettuce, Tomato, Condiments
Roasted Potatoes – 1/2 cup
Fresh Pear – 1 ea

Turkey Dinner

Roast Turkey & Gravy – 3 oz
Stuffing – 1/2 cup
Green Beans- 1/2 cup
Corn – 1/2 cup
Fresh Banana – 1 ea
Bread Pudding – 1/2 cup

Swedish Meatballs

Swedish Meatballs – 3 oz
Egg Noodles – 1/2 cup
Broccoli – 1/2 cup
Cauliflower – 1/2 cup
Garlic Breadstick – 1 oz
Fresh Gala Apple – 1 ea

Apple Glazed Pork Chop

Apple Glazed Pork Chop – 3 oz
White Rice – 1/2 cup
Diced Carrots – 1/2 cup
Green Beans – 1/2 cup
Fresh Gala Apple – 1 ea
Pumpkin Cake – 2 oz

Farmer's Omelette

Cheese Omelette – 3 oz
Peppers & Onions – 1/2 cup
Breakfast Potatoes – 1/2 cup
English Muffin – 2 oz
w/ Butter & Jelly
Orange Juice – 1/2 cup
