

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu subject to change. All meals served with 8 oz 1% milk</p> <p>Please call 3 days in advance for holds or cancellations.</p>	<p>1</p> <p>Closed</p>	<p>2</p> <p>Sweet & Sour Chicken - 3 oz Brown Rice - 1/2 cup Broccoli - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p>3</p> <p>Pork Chop - 3 oz Butternut Squash - 1/2 cup Green Beans - 1/2 cup Breadstick - 2 oz Fruit Cup - 1/2 cup</p>	<p>4</p> <p>Turkey & Gravy - 3 oz Mashed Potatoes - 1/2 cup Capri Blend - 1/2 cup Wheat Bread - 2 slices Fresh Fruit - 1 ea</p>
<p>7</p> <p>Chicken Alfredo - 1/2 cup Herb Pasta - 1/2 cup Green Peas - 1/2 cup Carrots - 1/2 cup Fresh Fruit - 1 ea</p>	<p>8</p> <p>BBQ Chicken Breast - 3 oz Sweet Potatoes - 1/2 cup Green Peas - 1/2 cup Buttermilk Biscuit - 1 ea Fresh Fruit - 1 ea</p>	<p>9</p> <p>Meatballs Marinara - 4 ea Herb Pasta - 1/2 cup Lima Beans - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p>10</p> <p>Beef Stuffed Cabbage - 2 ea Mashed Potatoes - 1/2 cup Mixed Vegetables - 1/2 cup Wheat Bread - 2 slices Fresh Fruit - 1 ea</p>	<p>11</p> <p>Beef Lasagna - 1/2 cup Potato Wedges - 1/2 cup Mixed Vegetables - 1/2 cup Breadstick - 2 oz Fruit Cup - 1/2 cup</p>
<p>14</p> <p>Beef Pepper Steak - 3 oz Butternut Squash - 1/2 cup Broccoli - 1/2 cup Wheat Bread - 2 slices Fresh Fruit - 1 ea</p>	<p>15</p> <p>Beef Patty - 3 oz Seasoned Spinach - 1/2 cup Potato Wedges - 1/2 cup Hamburger Bun - 2 oz Fresh Fruit - 1 ea</p>	<p>16</p> <p>Swedish Meatballs - 3 ea Buttered Noodles - 1/2 cup Herb Cauliflower - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p>17</p> <p>BBQ Rib Patty - 3 oz Seasoned Spinach - 1/2 cup Sweet Potatoes - 1/2 cup Hamburger Bun - 1 ea Fruit Cup - 1/2 cup</p>	<p>18</p> <p>Chicken Patty - 3 oz Mashed Potatoes - 1/2 cup Carrots - 1/2 cup Hamburger Bun - 1 ea Fruit Cup - 1/2 cup</p>
<p>21</p> <p>Closed</p>	<p>22</p> <p>Chicken Piccata - 3 oz Mixed Vegetables - 1/2 cup Potato Wedges - 1/2 cup Wheat Bread - 2 slices Fruit Cup - 1/2 cup</p>	<p>23</p> <p>Vegetable Lasagna - 6 oz Green Beans - 1/2 cup California Vegetables - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea</p>	<p>24</p> <p>Salisbury Steak & Gravy - 3 oz Mashed Potatoes - 1/2 cup Lima Beans - 1/2 cup Fresh Fruit - 1 ea Blueberry Muffin - 1/2 cup</p>	<p>25</p> <p>Sloppy Joe - 3 oz beef Mashed Potatoes - 1/2 cup Green Peas - 1/2 cup Hamburger Bun - 1 ea Fruit Cup - 1/2 cup</p>
<p>28</p> <p>Cheese Stuffed Shells - 4 oz Green Beans - 1/2 cup Carrots - 1/2 cup Garlic Bread - 2 oz Fresh Fruit - 1 ea</p>	<p>29</p> <p>Meatloaf - 4 oz Buttered Corn - 1/2 cup Mixed Vegetables - 1/2 cup Wheat Bread - 2 slices Fresh Fruit - 1 ea</p>	<p>30</p> <p>Stuffed Green Pepper - 2 oz Mashed Potatoes - 1/2 cup Broccoli - 1/2 cup Garlic Bread - 1 slice Fresh Fruit - 1 ea</p>	<p>31</p> <p>Chicken Cacciatore - 3 oz Herb Pasta - 1/2 cup Buttered Corn - 1/2 cup Green Peas - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup</p>	<p>Menu approved by Allie McTighe, RDN, LD</p> <p>Meals produced by the Cleveland Food Bank</p>