Hot Meal Menu - Portage County

January 2019

Mobile Meals 330-376-7717

Monday	Tuesday	Wednesday	Thursday	Friday
Menu subject to change. All meals served with 8 oz 2% milk **Please call 3 days in advance for holds or cancellations.**	**1** **Closed**	**2** **Sloppy Joe** - 3 oz Diced Potatoes - 1/2 cup Broccoli - 1/2 cup Wheat Bun - 2 oz Fresh Banana - 1 ea	**3** **Creamed Chicken** - 3/4 cup Biscuit - 1 ea 2.5" Carrots - 1/2 cup Peas - 1/2 cup Diced Peaches - 1/2 cup	**4** **Egg Salad** - 3 oz Potato Salad - 1/2 cup Three Bean Salad - 1/2 cup Hamburger Bun - 2 oz Fruit Cup - 1/2 cup
7 **Turkey Sausage** - 3 oz Peppers & Onions - 1/2 cup Oven Potatoes - 1/2 cup Green Beans - 1/2 cup Sub Bun - 2 oz Tropical Fruit Cup - 1/2 cup	**8** **Pork Chop** - 3 oz Mashed Potatoes - 1/2 cup Italian Vegetables - 1/2 cup Dinner Roll - 2 oz Jell-O w/ Fruit - 1/2 cup	**9** **Beef Chili** - 1 cup Diced Tomatoes - 1/2 cup Kernel Corn - 1/2 cup Cornbread Muffin - 2 oz Fresh Banana - 1 ea	**10** **Sliced Roast Beef** - 3 oz Buttered Noodles - 1/2 cup Vegetable Medley - 1/2 cup Dinner Roll - 2 oz Fruit Cup - 1/2 cup	**11** **Ham & Cheese Omelet**- 3 oz Diced Potatoes - 1/2 cup Green Peas - 1/2 cup Biscuit - 1 ea 2.5" Diced Pears - 1/2 cup
14 **Veal Patty** - 3 oz Mashed Potatoes - 1/2 cup Diced Beets - 1/2 cup Hamburger Bun - 2 oz Diced Pears - 1/2 cup	**15** **Sweet & Sour Chicken** - 3 oz White Rice - 1/2 cup Oriental Vegetables - 1/2 cup Dinner Roll - 2 oz Pineapple Tidbits - 1/2 cup	**16** **Swedish Meatballs** - 3 oz Egg Noodles - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup	**17** **BBQ Riblets** - 3 oz Diced Potatoes - 1/2 cup Baked Beans - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup	**18** **Ham Salad** - 3 oz Pasta Salad - 1/2 cup Broccoli Salad - 1/2 cup Hamburger Bun - 2 oz Fruit Cup - 1/2 cup
21 **Closed**	**22** **Hearty Beef Stew** - 1 cup Diced Potatoes - 1/2 cup Carrots - 1/2 cup Wheat Bread - 1 slice Mandarin Oranges - 1/2 cup	**23** **Beef Stuffed Peppers** - 2 ea Mashed Potatoes - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Escalloped Apples - 1/2 cup	**24** **Macaroni & Cheese** - 6 oz Stewed Tomatoes - 1/2 cup Mixed Vegetables - 1/2 cup Blueberry Muffin - 3 oz Fresh Grapes - 1/2 cup	**25** **Beef Ravioli** - 4 oz Salad w/ Dressing - 1 cup Broccoli - 1/2 cup Breadstick - 2 oz Applesauce - 1/2 cup
28 **Hamburger** - 3 oz Diced Potatoes - 1/2 cup Baked Beans - 1/2 cup Hamburger Bun - 2 oz Fruit Cup - 1/2 cup	**29** **Baked Chicken** - 3 oz Mashed Potatoes - 1/2 cup Green Peas - 1/2 cup Wheat Roll - 2 oz Sliced Strawberries - 1/2 cup	**30** **Meatballs Marinara** - 4 oz Spaghetti - 1 cup Green Beans - 1/2 cup Kernel Corn - 1/2 cup Garlic Toast - 2 oz Jell-O w/ Fruit - 1/2 cup	**31** **Salisbury Steak -** 3 oz Mashed Potatoes - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Applesauce - 1/2 cup	

Mobile Meals Mission Statement: To provide healthy meals and nutrition services to enrich lives and foster independence