

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Please call 3 days in advance for holds or cancellations.</b>	Menu subject to change. All meals served with oz 1% milk		<b>Beef Pepper Steak - 3 oz</b> Brown Rice - 1/2 cup Broccoli - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea
<b>Beef Hot Dog - 2 oz</b> Baked Beans - 1/2 cup Mixed Vegetables - 1/2 cup Hot Dog Bun - 1 oz Wheat Bread - 1 slice Fresh Fruit - 1 ea	<b>Sweet &amp; Sour Chicken - 3 oz</b> Brown Rice - 1/2 cup Broccoli - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea	<b>Beef Hamburger Patty - 3 oz</b> Herbed Cauliflower - 1/2 cup Potato Wedges - 1/2 cup Hamburger Bun - 2 oz Fresh Fruit - 1 ea	<b>BBQ Chicken Breast - 3 oz</b> Sweet Potatoes - 1/2 cup California Veggies - 1/2 cup WG Buttermilk Biscuit - 2 oz Fresh Fruit - 1 ea	<b>Beef Stuffed Cabbage - 3 oz</b> Mashed Potatoes - 1/2 cup Green Peas - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup
<b>Meatballs Marinara - 3 oz</b> Herbed Pasta - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea	<b>Beef Stroganoff - 3 oz</b> Egg Noodles - 1/2 cup Mixed Vegetables - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea	<b>Chicken Piccata - 3 oz</b> Mixed Vegetables - 1/2 cup Potato Wedges - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea	<b>Sloppy Joe - 3 oz</b> Mashed Potatoes - 1/2 cup Green Peas - 1/2 cup Hamburger Bun - 2 oz Fruit Cup - 1/2 cup	<b>Breaded Chicken Patty - 3 oz</b> Potato Wedges - 1/2 cup Carrots - 1/2 cup Hamburger Bun - 2 oz Fruit Cup - 1/2 cup
<b>Vegetable Lasagna - 6 oz</b> Green Beans - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea	<b>Beef Stuffed Pepper - 4 oz</b> Potato Wedges - 1/2 cup Broccoli - 1/2 cup Garlic Bread - 2 oz Fresh Fruit - 1 ea	<b>Salisbury Steak &amp; Gravy - 3 oz</b> Mashed Potatoes - 1/2 cup Green Beans - 1/2 cup WG Buttermilk Biscuit - 2 oz Fruit Cup - 1/2 cup	<b>Pork Chop - 3 oz</b> Sweet Potatoes - 1/2 cup Broccoli - 1/2 cup Breadstick - 2 oz Fruit Cup - 1/2 cup	<b>Turkey &amp; Gravy - 3 oz</b> Mashed Potatoes - 1/2 cup Capri Blend Veggies - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup
<b>Cheese Stuffed Shells - 4 oz</b> Green Beans - 1/2 cup Garlic Bread - 2 oz Fresh Fruit - 1 ea	<b>Swedish Meatballs - 3 oz</b> Buttered Egg Noodles - 1/2 cup Herbed Cauliflower - 1/2 cup Wheat Bread - 1 slice Fresh Fruit - 1 ea	<b>Chicken Cacciatore - 3 oz</b> Herbed Pasta - 1/2 cup Green Beans - 1/2 cup Wheat Bread - 1 slice Fruit Cup - 1/2 cup	<b>BBQ Pork Riblet - 3 oz</b> Buttered Corn - 1/2 cup Butternut Squash - 1/2 cup Hamburger Bun - 2 oz Fruit Cup - 1/2 cup	Menu approved by Allie McTighe, RDN, LD  Meals produced by the Cleveland Food Bank